



The Lutheran Letter

February Newsletter 2020

From Pastor Camp...

Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. ~Philippians 4:

January is surely the most virtuous month of the year. In January, people eat healthier, exercise more, pray more, and spend less time on the Internet than at any other time of the year—even Lent. Why? Because in January, we're still trying to keep all of our New Year's resolutions. February? The year's second month is less ambitious than its older sibling. By the time February rolls around, either our resolutions have established themselves as new habits or, more likely, they've gone the way of all flesh. The almond milk starts to go bad in the fridge. The in-home treadmill sits untouched. You've got thirteen daily emails from Richard Rohr (devotional writer) sitting unopened in your inbox. In order to develop new ways of thinking and living, we need regular disciplined exposure. Otherwise, we fall back into the same old default modes that we've been developing over the decades.

A study from *Harvard's T.H. Chan School of Public Health* finds that kids and teens who are raised with religious practices tend to have better physical and mental health as they age. 5,000 young people were followed for about fourteen years, and the findings were strongly supportive of raising kids in church. "It turned out that those who attended religious services at least once a week as children or teens were about 18% more likely to report being happier in their 20s than those who never attended services. They were also almost 30% more likely to do volunteer work and 33% less likely to use drugs in their 20s. Those who prayed or meditated every day had more life satisfaction, were better able to process emotions, and were more forgiving compared to those who never prayed or meditated."

If church attendance and prayer can keep our kids healthier as they age, then surely they have the same effect on adults. It's interesting to observe that suicide rates in the US are the lowest among middle-aged African American women and highest among middle-aged white men. The least suicidal demographic is also the most likely to attend church, and the most suicidal demographic is among the least likely.

The world around us is forever plying us with unhealthy notions of human worth and worthlessness. It's forever modeling for us unwholesome ideals of wealth, and physical beauty, and sexuality, and achievement, and power. This is why churchgoing is a healthy "alternative lifestyle." It makes us think better thoughts. It gives language to nobler things. It exposes us to principles that we don't get anywhere else. In the face of all that's broken and bad in our world, let's make sure we expose ourselves to things of love, goodness, truth, and beauty.



January 2020

CHURCH Council News...

By Cathy Shaffer, Assistant to the Pastor

- Financial report: N/A due to timing of this meeting;
- The worship schedule for Feb. 23 will be changed to Education Hour at 9 AM followed by one worship service at 10 AM. The bi-annual meeting will be held following worship;
- Pastor reports that after reviewing multiple resumes for the Music Director position, the Search Committee scheduled 3 interviews;
- Discussed the need to highlight the work of our committees and to recruit for additional members/involvement;
- Worship & Music Committee- reviewed Christmas Eve worship services & upcoming music leadership;
- Property Committee - reviewing building rental fees;
- Youth Group- many youth offered vocal and instrumental talent during Christmas Eve worship services; held Christmas Party with an evening of fun in FLC;
- Council will make a donation of \$100 from the Living Legacy Mission Interest Fund to NOVA Medical Services;
- Council received a letter of resignation effective Jan. 17th from Donna Remaly, Asst. Office Administrator;
- **Next Council meeting is Sunday, February 17th at 7:00 PM in Room 202.**

Sunday Worship Schedule Change

ONE WORSHIP SERVICE

February 23, 2020

10:00 AM

In order to have ALL attend the
ANNUAL CONGREGATION MEETING
ONE SERVICE will begin at 10:00 AM



CHRISTIAN EDUCATION

9:00 AM to 9:45 AM

W.O.W.

Women of the Word Bible Study

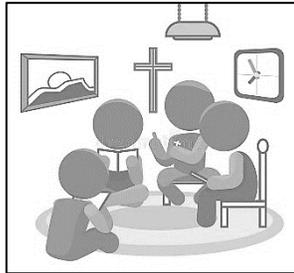
Meets the first Saturday of each month, 8:00 AM, for a time of fellowship and devotion. Currently we're meeting in the Church Gathering Space and we try to keep our time to one hour. On February 1st we'll continue with the four-part series entitled, "We Are Called," reflecting on the specific topic "Disciples of Christ."

Questions?
Contact the Church Office or Linda Rebeck at 610-613-6196.

HAPPY HOUR

(Adult Discussion Group)
by Cathy Shaffer

One of the best kept "secrets" of ULC is our "Happy Hour".



What's it all about you may ask???

Happy Hour is a gathering of adults who vary from week to week. Come one week a month or come every week-it doesn't matter. Sometimes we are self-led; sometimes our retired Pastors lead; sometimes we invite guest speakers. We enjoy discussion. Share your view if you like or sit and listen to others (*no pressure to share*). All viewpoints are *respectfully accepted!* Be sure to join us in Room 202 @ 9:15 AM.

Our weekly topics for February:

Feb. 2 - "When You Pray...." When asked to teach his disciples how to pray Jesus responded, "Pray like this." He also has something to say about how not to pray. This Happy Hour will visit the concept of prayer with special emphasis on the two forgotten or ignored prayers and paying attention to what we pray (for?). Pastor Jim Henderschedt will lead our session.

Feb. 9 - "POEMS ABOUT PEOPLE" - Ed Romond ("Our Poet") will be the featured guest at Happy Hour sharing his poems that explore personal traits of specific people and what they might suggest about our lives as Christians. Toward that goal, in each instance Ed will relate his poems to lessons from Scripture. There will also be an opportunity for questions and discussion. Plan to join us in Room 202 at 9:15 am.

Feb. 16 - "Does the Bible Say That?" come join the discussion with Kim Kuhlman and find out!

Feb. 23 - "LET US PRAY!" Herb & Judy Gifford will lead the Happy Hour class in a discussion of prayer. What is prayer? Who should pray? When should we pray? How should we pray? Where should we pray? Why should we pray? Come for a fun session and be a part of a lively discussion of a very important topic. The class meets in Room 202 at 9:00 am. Note the time change. It's just for February 23.

BiAnnual



CONGREGATIONAL MEETING

One Service – February 23, 2020

In order to have all attend the congregational meeting. We will be holding *One Service* at 10:00 AM followed by the meeting.

This is an open agenda meeting.

What do a horse trailer and **4 SUVs** have in common? All the vehicles that we needed to transport 60 soccer balls, furniture, household furnishings, clothing and tons of wrapped Christmas toys to Jerusalem House in Allentown - our awesome youth at work!



\$1



Get your Gertrude Hawk Candy Bars in the Church Office.

Dark chocolate varieties	Milk chocolate varieties
Solid plain	Solid plain
Raspberry	Caramel
Mint	Almond toffee
Lava cake	Sea salt caramel
	Crispy

Benefits the Youth Group





POSITION AVAILABLE

ASST. OFFICE ADMINISTRATOR

Union Evangelical Lutheran Church (5500 RT 873 Schnecksville, PA) is seeking a talented individual to serve as Asst. Office Administrator. This person will assist with administrative services to the Pastor, Church Council, and committees in order to facilitate the Christian mission of the congregation.

This position is part-time, 32 hours per week, Monday through Friday. Must possess general administrative office skills, the ability to effectively multi-task, strong organizational skills, and be proficient in Microsoft Office software. Must be able to work independently with minimal supervision.

Primary duties include:

1. Recruit, coordinate, and supervise volunteers for office activities
2. Preparation of weekly services bulletins
3. Preparation of monthly newsletter
4. Handle phone requests and inquiries
5. Write articles and prepare PowerPoint presentations
6. Prepare graphics and incorporate pictures, video and audio into articles/presentations
7. Prepare annual reports
8. Oversee computer related activities
9. Inventory and order office supplies and organize
10. Post website activities and update LCD display
11. Perform other duties and responsibilities as directed.

Appropriate background checks and clearances expected.

Interested applicants should submit a cover letter and resume to Union Lutheran Church, 5500 Route 873, Schnecksville, PA 18078, or via email to office@ulclv.org. EOE.

Meet. . .Tom & Sally Crowe by the Communication Committee



How many Sunday worship services have you missed in the last 20 years? If your answer is less than 8, then you have a better record than Thomas Joseph Crowe.

Tom and his wife Sally, are the owners and operators of the Shaffer Health Center at the Allentown Farmers Market. You'll find them there every Thursday, Friday and Saturday. Tom began working there at the age of 13 for his stepfather and ultimately became the owner of the business.

It's a second marriage for both Tom and Sally. In their previous marriages, Tom had three children and Sally two. Together they have 5 grandchildren. Sally is originally from West Springfield, Massachusetts, where she graduated from West Springfield High School and attended Westfield State University. Tom is a local product of William Allen High School, graduating in 1969. In 1973, he received a Bachelor's degree in Business Management from Fairleigh Dickinson University. During High School and college, Tom worked at Dorney Park and for General Electric on South 12th Street.

Tom and Sally were married in Las Vegas in 1997. They chuckle when they reveal the details. Since it was a business trip they were on, it cost them \$100.

Sally has been a member of Union since 1988 and Tom Joined in 2000. They are both very active in the life of the congregation, especially in the adult class (Happy Hour), collating the newsletter and being worship service power point presenters. Tom has been an usher,

helped in the kitchen and they have served on the Fellowship Committee. Tom says he really enjoyed the Easter Egg Hunt. At one time they served as Sunday School greeters, but that program was dropped along the way.

For the last ten years Tom has had constant back pain which has limited his mobility. He recalls playing basketball and volleyball in his younger years. In fact, he and Sally met at a local Presbyterian Church playing volleyball. They have two dogs. Nicko, a Husky, and Bella, an Australian-German Shepherd. Every morning Tom and Nicko go for a walk. Well, it's more like a leashed run for Nicko as Tom rides his scooter around the neighborhood.



Tom and Sally say they wish two things could be resurrected at Union. One is the monthly Contemporary Service about which Tom says he really liked the music, and the other is the Dine Around Program in which they got to meet new friends.

They say the best-kept secret at Union is the Happy Hour Class. They both wish more people would come and enjoy what they feel is the highlight of their week. Perhaps you should consider attending Happy Hour to not only enjoy what Tom and Sally enjoy, but to get to talk them and get to know them better. You can be sure they will welcome you with open arms!

ULC Night at the Lehigh Valley Phantoms



Friday, March 13, 2020

7:05 PM

Lehigh Valley Phantoms vs. the WB Penguins
Tickets are 19.00/person.

Call the Church Office at 610-767-6884
to reserve your tickets by Feb. 9th!

**SPONSORED BY
THE FELLOWSHIP COMMITTEE**



Annual Men's Retreat - Calling all Union Lutheran men and friends

Friday, Feb. 7th from 6:30 – 9:00 PM
@ Terry Hoffman's house (4732
Cardinal St. Schnecksville). Join us for
snacks, Bible Study lead by Pr. Camp
and time to relax and get to know your
ULC brothers.

Saturday, Feb. 8th @ 7 AM – Enjoy
breakfast at the Parkland Restaurant
(Walbert Ave. Allentown). We will
continue the fun back at church when
we watch the movie, "Wishman" (*This
is a true story of the man responsible
for creating and driving the "Make a
Wish Foundation", and hopefully a
driving force for us to use to drive
community service*). Following lunch
we will have a friendly cornhole
tournament.

Come for both days or come as your
schedule allows. Please RSVP to the
church office or Ron Pugh at 610-442-
9170.

From The Church Office...

*If you are going away for an extended
period of time, please contact the
Church Office. We will gladly hold
your church mail for you until you
return or send it to you if you have a
temporary address.*



GNO

A time of food and chatting and getting to know each other

FEBRUARY 22, 2020
6:00 PM

Let's go out to dinner together!!
We meet at
Madeline's

1250 Turnstone Drive, Fogelsville
Order what you want from the menu and pay for your own dinner/drinks.
RSVP the Church Office 610-767-6884

UNION LUTHERAN CHURCH

All You Can Eat Italian Dinner Buffet

March 28, 2020
4:00 - 7:00 PM



Menu includes:
Salad & breadsticks
Chicken Marsala
Baked Ziti
White Vegetable Ziti

Don't miss out! Reserve your Tickets today!
\$13/Adults (in advance)
\$15/Adults (at the door)
\$6/Children (3-12)/under 3 free
CALL 610-767-6884 or EMAIL office@ulclv.org

Proceeds benefit the Youth of ULC



UPDATE

What was ULC's mortgage balance *18+ years ago*?
\$1.9 Million

What is ULC's mortgage balance *today*?
\$55,720.76

The Lord loves a cheerful giver.
2 Corinthians 9:7

All THANKS to YOU!
Please keep giving Vision 20/20.

Social Ministry Highlights . . .

Hunger Corner

Union Lutheran is very active in the fight against hunger in both our local community and across the world. We support the *ULC Free Little Pantry* - (located in the entry way), *Northern Lehigh Food Bank*, and *Parkland Cares*.

Donations of the following items are always needed: Toilet paper, [Canned* spaghetti, ravioli, soups, fruits, meats, vegetables], spaghetti sauce, pasta, peanut butter, jelly, cereals personal care items. *Canned items with a pull top are preferred.

Please place your donations in the shopping cart in the Gathering Space and our Social Ministry Team will distribute to those who are less fortunate!



From the Parish Nurses...

YOUR FABULOUS FEET

They change with age, but taking care of them is timeless and smart.

What you should know:

- * POOR fitting shoes may result in painful bunions, calluses, and corns.
 - * FEET get larger and wider with age.
 - * SHOE sizes can vary by brand and style of shoe.
 - * KEEP feet clean, nails trimmed, and soles moisturized to minimize cracking.
 - * DON'T wait if you have foot pain. See your doctor as soon as possible.
 - * DON'T round toenail edges, as these increases the chances for ingrown toenails.
 - * AVOID using foot razor to remove dead skin. Use a pumice stone, foot file, or scrub instead.
 - * THICK or DISCOLORED toenails may be a sign of an infection. Don't use nail polish to hide them. See your doctor to treat the underlying issue.
- FOOT PAIN is never normal! See a foot specialist so it can be diagnosed & treated.

Article from UCLA Health, Healthy Years



ELCA World Hunger
Evangelical Lutheran Church in America
God's work. Our hands.

Soup Off 2020

Sunday, February 2, 2020 at 11:30 AM

It's that time of year to **HELP US** fill empty bowls for World Hunger at our 10th annual soup/dessert luncheon **SO START SEARCHING** through your recipes and find your prize winning soup and/or dessert recipe to enter Soup Off 2020. You don't need to bake/cook to enjoy this yummy lunch.

Tickets are \$10.00 per person or \$25.00 for a family of three or more.

Signup for the *soup and dessert contest* and/or order your *tickets* through the Church Office @ 610-767-6884, office@ulclv.org or at the display on January 12 & 26, so start thinking about your prize winning recipes.

If you have any questions don't hesitate to call Cathy Smith 215-872-4013. Thank you and look forward to tasting all the soups and desserts with you.

All donations go toward **ELCA World Hunger**.



Communion Assistants serve at either the 8:00 AM or the 10:30 AM worship service (your choice) on a rotating basis. We would love to have more folks involved. Please contact the Church Office to either volunteer or to obtain more information.

ELCA WORLD HUNGER

YOUNG LEADER IN DALLAS TURNS PASSION INTO ACTION TO END HUNGER



Rosa Orta is passionate about ending hunger. "We're all equal," she said. "It's not fair that some of us get to eat while others starve."

Last year Rosa funneled her passion into Emanuel Community Center, a nonprofit organization supported by Emanuel Lutheran Church in Dallas, Texas. Through a partnership between ELCA World Hunger and the ELCA Horizon

Apprenticeship program, Rosa spent her summer working with the congregation to end hunger in Dallas.

For Rosa, antihunger activism is personal. "My family has always struggled with money since my Dad left us at a really young age, but my Mom still managed to take care of us. If it wasn't for the government helping us with food stamps, I don't know what we would have done."

The Rev. Cindy Carroll, Pastor of Emanuel, says, "Rosa appears to be shy and quiet, but as she got involved more deeply in the life of the congregation as a Horizon apprentice, we learned that she is very smart, quick-witted and funny. Rosa always asks good questions. She has also been very responsive and connected with the ELCA Horizon teachers and mentors, as well as people at the church. This speaks to her maturity and her values. She takes responsibility very seriously."

Rosa also helped connect the center's food pantry with the ELCA Domestic Hunger Grant program that is supported by your generous giving. Steve Good, president of the center's Board of Directors, explains the pantry's philosophy this way: "Feeding a person is not enough if that person has to live in a world of danger and harm, so we are passionate about more than simply ending hunger. We want to help our community eliminate obstacles to living healthy, fruitful and enjoyable lives."

Emanuel's food pantry serves about 110 families a month, distributes 40 bags of food a week to the homeless, and has other programs that include a community garden as well as a back to school carnival that distributes school supplies. All of these programs are supported by your generous giving to **ELCA World Hunger**

Journeymen Pot Pie Dinner



Journeyman



March 15, 2020

11:30 AM

**You are invited to participate
in the competition or
just come to eat and judge!**

Enter your favorite crock pot recipe in the Journeyman Annual Chili Cook-Off Contest and Luncheon.

1st Prize = \$25, 2nd = \$15, 3rd = \$10.

The luncheon for all to attend will include sampling of the chili recipes, Mac and Cheese, and Hot Dogs.

The Journeyman will match your Free Will Offering with proceeds to be donated to Day Break.

RSVP the Church Office 610-767-6884 today!



JOURNEYS THROUGH GRIEF

A six week seminar (counseling group) for those who are grieving will be held here at Union Lutheran, Thursday evenings from 7 pm - 8:30 pm (begins February 27 through April 2).

There is no fee to participants thanks to the generosity of our local funeral director.

REGISTRATION IS REQUIRED by calling SYLVIA HAVLISH, MEd at 610-395-5045. Please leave your name and phone number.

THIS IS OPEN TO ALL PEOPLE WHO ARE GRIEVING...now or in the past. Sylvia Havlish, Coordinator of Bereavement Ministries, Lutheran Congregational Services



Holy Chocolate Sunday

Join us on Sunday, February 9th between the worship services for a very sweet treat!

Bakers of ULC – now is your time to shine. Bring any and all of your favorite chocolate goodies: brownies, cakes, pies, cookies, puddings -anything and everything chocolate.

If you aren't a baker, I'm sure you are an "eater". Come enjoy all of the treats. Bring your friends to worship too!



February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:00 AM Women of the Word Bible Study - Gathering Space 10:00 AM Praise Band Rehearsal - Nave
2 Fourth Sunday after Epiphany Souper Bowl Sunday 8:00 AM Worship 8:45 PM Christian Ed Committee - Christian Ed Room 9:15 AM Christian Ed. Hour 10:30 AM Worship	3	4 1:00 PM - 2:00 PM Fall Prevention Program - Family Life Center	5 6:00 - 8:00 PM Cat Class - Rooms 201 & 202 6:30 PM Glory Ringers - Nave 7:45 PM Union Chorale - Nave	6	7 6:30 - 9:00 PM Men's Retreat Hoffman House	8 7:00 AM Journeymen @ Parkland Restaurant 8:45 AM Men's Retreat - ULC 10:00 AM Praise Band Rehearsal - Nave
9 Fifth Sunday after Epiphany HOLY CHOCOLATE SUNDAY 8:00 AM Worship 9:15 AM Christian Ed. Hour 10:30 AM Worship	10	11 1:00 PM - 2:00 PM Fall Prevention Program - Family Life Center 6:45 PM Social Ministry - Room 208 7:00 PM Property - Room 201	12 6:30 PM Glory Ringers - Nave 7:45 PM Union Chorale - Nave	13		15 <b style="color: red;">MARCH NEWSLETTER ARTICLES DUE
16 Sixth Sunday after Epiphany 8:00 AM Worship 9:15 AM Christian Ed. Hour 10:30 AM Worship	17 <b style="color: red;">Church Office Closed 7:00 PM Church Council - Room 202	18 1:00 PM - 2:00 PM Fall Prevention Program - Family Life Center	19 6:00 - 8:00 PM Cat Class - Rooms 201 & 202 6:30 PM Glory Ringers - Nave 7:45 PM Union Chorale - Nave	20	21	22 10:00 AM Praise Band Rehearsal - Nave 6:00 PM Girls Night Out
23 Transfiguration Sunday <b style="color: red;">ONE WORSHIP SERVICE 9:00 AM Christian Ed. 10:00 AM Worship Congregational Meeting after Worship	24	25 1:00 PM - 2:00 PM Fall Prevention Program - Family Life Center	26 11:00 AM Ash Wednesday Service 7:00 PM Ash Wednesday Service	27 7:00 PM Grief Class - Room 202	28	29 10:00 AM Praise Band Rehearsal - Nave

Your Congregation Council Members

Officers

President: Dave Geiger
Vice President: Patty Hersh
Secretary: Kandy Lang
Treasurer: Cathy Shaffer

Union Board Representatives

President: Donald Weaver
Secretary: Brian Geren
Delegates: Lynne Banzhoff & Patty Hersh
Alternates: Debra Grundstrom & Gail Lafferty

Committee Liaisons

Christian Education: Gail Lafferty
Christian Life: Kim Kuhlman
Communication: Brian Geren
Fellowship: Brian Bucks
Finance: Jay Marakovits

Library: Sally Grim
Property: Donald Weaver
Social Ministry: Patty Hersh & Kandy Lang
Staff Support: Debra Grundstrom
Worship & Music: Lynne Banzhoff

Treasurers' Report

December 31, 2019

100% of year complete				
		Current Period	Year to Date	% of budget
INCOME:				
Unrestricted Contributions		57,812.13	338,748.77	90.30%
Other Income		<u>7.00</u>	<u>1,151.62</u>	
Total Income		57,819.13	339,900.39	
EXPENSES:				
Budgeted		31,190.21	352,667.40	95.90%
Nonbudgeted		<u>508.99</u>	<u>(24,572.14)</u>	
Total Expenses		31,699.20	328,095.26	
Excess Income over Expenses		26,119.93	11,805.13	
			=====	
December Contributions -				
Vision20/20		26,736.58		

*You can lay the foundation for ministry for future generations.
Remember **Union Lutheran Church** in your will.*



Union Evangelical Lutheran Church

5500 Route 873
Schnecksville, PA 18078
610-767-6884 Church Office

Our Mission is to follow Jesus and serve as He would.

Pastor:

The Rev. Gordon A. Camp
email: pastor@ulclv.org
cell: 610-554-8061

Staff:

Cathy C. Shaffer, Asst. to the Pastor
Terry P. Hoffman, Sexton
Dorothy Bealer & Jane Borbe, Parish Nurses

Pastor Emeritus:

The Rev. Dennis W. Moore

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Learning Ark Christian Preschool: Jackie Bucks, Preschool Director

Website: www.learningarkpreschool.com

Email address: preschool@ulclv.org

Office Hours: M,W,F – 8:00 AM to 3:00 PM; T, Thr – 9:00 AM to 3:00 PM

Website: www.ulclv.org **email:** office@ulclv.org **Facebook.com/ulclv**

Lehigh Valley Hospital & St. Luke's Hospital Church Code #349

Miller-Keystone Blood Center #1258 - ULC